

Healing Meals is looking for runners, like you, to join our **Eversource Hartford Marathon Charity 5k, Relay, Half Marathon and Marathon fundraising team**. With your help, we can raise money for families suffering with a health crisis—to provide clean, organic, nutritious meals for free for 14 weeks to help them heal.

**WE'RE RUNNING...
BECAUSE WE CAN!**



RUN ANY RACE!
5K ♥ HALF MARATHON ♥ RELAY ♥ MARATHON
OCTOBER 13, 2018
FUNDRAISING MINIMUM IS JUST \$100

WHAT YOU'LL GET:

- ♥ T-SHIRT
- ♥ Pre-race dinner at Auer Farm in Bloomfield Friday, October 12th
- ♥ Crowdrise fundraising page to easily raise online donations
- ♥ Preparation training runs with our team
- ♥ Newsletter with event updates and logistics for the race

OUR GOALS:

- ★ 150 RUNNERS ★
- ★ \$75,000 ★
- (provide 5,000 meals to families in need)

HERE'S HOW:

- ♥ Register with us today and we'll set up your Crowdrise fundraising page for you
OR
- ♥ Visit our Crowdrise Fundraising page www.crowdrise.com/becausewecan2018
 - Click on **SET UP YOUR FUNDRAISER**
 - Click on **START YOUR OWN FUNDRAISER**
 - Create your fundraiser with your name and story
 - Add a picture and start fundraising!
- ♥ Once you are set up, be sure to visit www.hartfordmarathon.com to officially register for the race of your choice
- ♥ Contact us if you have any questions!