

SAVE the DATE

March 30 – April 1, 2026



Healing Meals

COMMUNITY PROJECT

2026

COOKATHON

Where teamwork meets purpose

The Healing Meals Cookathon is more than a corporate volunteer event—it's a shared act of compassion and connection.

Over three inspiring days, corporate teams come together in our community kitchen to chop, stir, and package wholesome, organic meals for Connecticut neighbors facing serious health challenges.

Every Cookathon fuels our mission to provide nutrient-rich meals prepared and delivered with love to clients and families in need of healing and hope.



Why Participate?



Engage your team in a meaningful, morale-boosting service experience.

Support local families navigating illness with dignity and care.

Empower youth leaders who learn empathy and leadership through action.

Amplify your company's community impact through sponsorship recognition and storytelling.

Event location:

Healing Meals Kitchen
140 Nod Road, Weatogue

Reserve Your Date Early!

Choose your preferred team day:

Monday, March 30

Tuesday, March 31

Wednesday, April 1

**Spots are
limited and
fill fast!**

Contact Scott Sullivan,
Corporate Relations Manager
scott@healingmealsproject.org

**Together, we'll cook with heart, serve with purpose,
and nourish hope across Connecticut.**